

# Do you know the signs of dementia?

Around 1,500 people in Islington live with dementia.

Our **free Dementia Friends sessions** can help you understand more about the signs and symptoms of dementia. You will also get tips on making a difference to the lives of people affected by dementia.

Dementia Friends is an Alzheimer's Society initiative that aims to change the way we think, act and talk about dementia.



**10.30am – 12pm**  
**Tuesday 13 August**

Islington Council's Access  
Hub, 222 Upper Street,  
London, N1 1XR

**10.30am – 12pm**  
**Thursday 12 September**

West Library, Thornhill  
Square, 107 Bridgeman Rd,  
London, N1 1BD

**10.30am – 12pm**  
**Thursday 24 October**

North Library, Manor  
Gardens, London, N7 6JX

**10.30am – 12pm**  
**Tuesday 12 November**

Central Library, 2 Fieldway  
Crescent, London, N5 1PF

**10.30am – 12pm**  
**Thursday 12 December**

Central Library, 2 Fieldway  
Crescent, London, N5 1PF



Booking is encouraged, but not essential.

Scan the QR code to book or visit  
[www.bit.ly/dementiafriends2024](http://www.bit.ly/dementiafriends2024)  
and find out more via Eventbrite.



**ISLINGTON**

For a more equal future